



# BREMERTON SENIOR CENTER ACTIVE US NEWSLETTER

JANUARY - MARCH 2017



The "Active Us" is THE place to get your information for the Bremerton Senior Center.



**BREMERTON SENIOR CENTER**  
**1140 NIPSIC AVE.**  
**BREMERTON, WA 98310**  
**(360) 473-5357**  
**www.ci.bremerton.wa.us**

**CENTER HOURS**  
**MONDAY-FRIDAY 8 AM TO 3 PM**

**STAFF**

Holly Peterson, Recreation Program Coordinator III  
 Barbara Roembke, Front Office Coordinator

**VOLUNTEER RECEPTIONISTS**

Monday: Gail Dupee  
 Tuesday & Thursday: Mac Whittlesey  
 Wednesday: Judy Ray  
 Friday: Al Butler

The Bremerton Senior Center is open to all people ages 55 and better. The annual user fees are listed on page 3.

The Bremerton Senior Center is a division of the City of Bremerton Parks & Recreation Department. The **Active Us** is published five times a year.

**Mission Statement:**

The Bremerton Senior center is committed to enriching Senior lives in Bremerton by providing lifelong learning and recreational opportunities.

**\$UM\$**

**Seniors Uncover Money Solutions**

**\$UM\$** is you - all members of the Senior Center activities. We are dedicated to raising funds that can be used to make the Center a more enjoyable place for all of us.

**\$UM\$ Officers:**

President: Paul Vlastelica      Vice President: George Cho  
 Treasurer: Al Butler          Secretary: Audrey O'Leary

**\$UM\$**

**CORNER**

Hello again \$UM\$ members. Hope you had a great holiday season. Want to get you up to date on how we did concerning the Senior Craft Fair and the bake sale in December. Thanks to your help \$UM\$ netted \$3,033.53 from the Craft Fair and \$481.38 from the December Bake Sale. Thank you all again for your help.

In the last news letter we recognized those who took lead roles in filling critical areas necessary to have a successful Craft Fair.

In this news letter, we want to acknowledge those who filled those areas; greeters table, bake goods table, bakers of all those goodies and set up/tear down of equipment and tables. If your name is not on the list please let us know. The list comes from the sign up list and some may have helped without signing their names. Remember, you too can have your name recognized next year by volunteering to help. We love our volunteers and are always looking for new ones! Won't you be a new volunteer?

Thanks to the following volunteers for your help with the 2016 Senior Craft Fair!

- |                  |                   |
|------------------|-------------------|
| Pete Balbin      | Babe Hoffman      |
| Chirs Behar      | Jean Inman        |
| Cheryl Bishop    | Gary Knowlton     |
| Ware             | Marianna Knowlton |
| Myra Brochner    | Audrey O'Leary    |
| Al Butler        | Judy Ray          |
| Lorraine Case    | Betty Ronquillo   |
| Sue Childress    | Rocky Ronquillo   |
| Cynthia Cook     | Tom Samardzich    |
| Betty Craze      | Mary Scott        |
| Gail Dupee       | Craig Scripture   |
| Dorothy Farbach  | Pam Scripture     |
| Sharon Francisco | Jean Seelow       |
| Berti Gann       | Patty Shinkaruk   |
| Cora Gray        | Laurie Skola      |
| Zane Gray        | Saeko Smith       |
| Sunny Greene     | Roger Spiese      |
| Bobette Griffus  | Arlene Taylor     |
| Aladene Harney   | Larry Taylor      |
| Paulal Heisel    | Mac Whittlesey    |
| Emma Hill        | Marghi Zarinelli  |

Paul Vlastelica, Your \$um\$ President

## MEMBERSHIP RENEWAL

Senior memberships run the calendar year (January-December) regardless of when you join. Renew your 2017 membership now at 2016 renewal rates, which are listed below.

### RESIDENTS

Single.....\$15/yr  
Couples.....\$22/yr  
Associate.....\$21/yr

### NON-RESIDENTS

Single.....\$30/yr  
Couples.....\$44/yr  
Associate.....\$42/yr

## TAKING CHARGE SERIES

A series of topics designed with you in mind. Each month will focus on a different topic - fitness, nutrition, aging, financial and more.

Each month is sponsored by a different business/provider and a light lunch/snack will be served. Reserve your seat today as these workshops fill up quickly.

**January 24-Disaster Preparedness**

**Martha & Mary**

**February 28-Medication Management**

**Division of Aging and LTC**

**11:30 AM, FREE**

**Main Room - Senior Center**

## MEALS ON WHEELS KITSAP - LUNCHEONS

**Thursdays @ Noon, \$3**

**Fridays @ Noon, \$3**

Nutritious and delicious lunches plus a great way to meet other seniors. Reservations are requested, call 360-377-8511 by 2 PM the previous day.

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## SOCIALS/ LUNCHEONS

Our luncheons are a great way to meet people, enjoy a delicious meal and have a good time! Bring a guest, who's a non-member to the luncheon and when they join the Senior Center, you'll receive a special thank you gift!

### JANUARY 10, 11:30 AM NEW YEAR'S BRUNCH

HAPPY 2017!! Come on down to the center and see your friends for the first time all year and enjoy entertainment, brunch and so much more! Cost is \$5pp.

### FEBRUARY 14, 11:30 AM VIP LUNCHEON

Bring your very important person (VIP) to this annual event. Each VIP will receive a special gift. Of course, a delicious lunch will be served as well as dessert! Don't forget you will be entertained. Cost: \$5pp

### MARCH 14, 11:30 AM ST. PAT'S PARTY

Entertainment, corned beef, cabbage and Irish soda bread will make this luncheon an event to remember. Don't forget to wear green. Cost: \$5pp

### APRIL 25, 11:30 AM VOLUNTEER LUNCHEON

Our Annual Volunteer Appreciation Luncheon honors you, our volunteers. Without your dedication, many of our programs would not be able to occur. Reservations are required. Cost: free to volunteers, guests are \$5pp..

## ~DONATIONS~

We are accepting the following donations. Thank you for your generosity!

**13 gallon kitchen bags~10 oz Foam hot/cold cups ~ Individually wrapped candy~napkins~small paper plates~Kleenex~paper towels~ Sharpie markers~Individual creamers - (flavored and regular)**

## GENERAL TRAVEL INFORMATION

**FULL TRIPS:** If a trip is full, please place your name on the waiting list. Often reservations are canceled and we are able to fill the empty spots from the waiting lists.

**REGISTRATION PROCESS:** Registration for each trip begins when they are published in either the bi-monthly newsletter or the quarterly Activity Guide. Phone-in or walk-in are the two most convenient ways to register for trips. Phone reservations require a credit card. All registrations are first come, first served and members have priority.

**REFUNDS:** The Bremerton Senior Center reserves the right to cancel any tour that does not fill or reach its minimum 10 working days before the travel date. In that event, you will receive a credit on your account to be used on another trip at the Senior Center. Refunds will not be given to any trip \$24 or less that you need to cancel. Cancellations for day trips (\$25 or more) are given only if a replacement to fill your spot is found, please let Senior Center staff know in ample time should you need to cancel. Trips canceled by the participant will be charged a 10% cancellation fee. No refunds will be given for trips canceled less than 24 hours in advance of departure. Cancellations for extended trips vary.

**PARKING:** Please contact the Senior Center office regarding the parking policy.

**BSC REPRESENTATIVE:** A staff member accompanies tours and will try to ensure that the tour runs as close to schedule as possible, that you are as comfortable as possible and handle any problems that may arise. All participants must have a current emergency medical waiver form on file prior to traveling.

**PAYMENTS:** Full payment is due at the time of registration.

**NAVIGATOR/CO-PILOT:** The passenger seat is designated the navigator/co-pilot. As the navigator/co-pilot your driver may request your assistance with either driving directions, buckling and unbuckling other travelers and closing the large passenger door. While not all trips require the above mentioned services, there is a basic need for them to some extent on all trips. Please be sure that your physical condition will allow you to perform such duties if requested.

**MOBILITY OF OUR PARTICIPANTS:** Each trip has an R rating. The higher the rating, the more walking and standing you will be required to do. **Please check the rating and know your limits prior to signing up.** Since we rely on two 15-passenger vans to travel, be courteous to other passengers. **If you require extra time to load and unload please be sure to be the last to load and unload. If you require a special seat to be seated in please make arrangements prior to loading the van and we will attempt to accommodate you.** Also, there are no restroom facilities on either van.

## JANUARY

### PIKE PLACE MARKET FOOD TOUR

**THURSDAY, JANUARY 12TH - COST, \$74 , R2**

Join us for Seattle's original food and cultural tour of Pike Place Market! Become a market insider on this behind-the-scenes adventure to experience the sights, sounds, and flavors of this historic 100+ year old landmark. Meet the Market's lively characters and hear their memorable stories. See fish fly, cheese being made, and the "original" Starbucks store. By the end, you will know the best places to eat at Pike Place Market. Our tour guides are past and present members of the Pike Place Market community. These intimate friendships with Market merchants ensure you will always receive special treatment. From Iron Chef winner Tom Douglas, to world famous fish throwers, come meet our Market family! Tour, transportation and escort are included.

### LUCKY EAGLE CASINO

**THURSDAY, JANUARY 19TH - COST \$16, R1**

Lucky Eagle has over 1000 Hot Machines! Meltdown, Wheel of Fortune, Quick Hits, Hot Shots, Fireball, Secrets of the Forest, Power Strikes, Playboy Hot Zone, Moon Goddess and more! PLUS 115 slot games in a private non smoking room! Lunch is on your own.

### THE KING AND I

**SATURDAY, JANUARY 28TH - COST, \$119 , R1**

One of Rodgers & Hammerstein's finest works, THE KING AND I boasts a score which features such beloved classics as "Getting to Know You", "I Whistle a Happy Tune", "Hello Young Lovers", "Shall We Dance" and "Something Wonderful". Set in 1860's Bangkok, the musical tells the story of the unconventional and tempestuous relationship that develops between the King of Siam and Anna Leonowens, a British schoolteacher whom the modernist King, in an imperialistic world, brings to Siam to teach his many wives and children. Escort, musical and transportation are included today. Dinner at the Spaghetti Factory will be on your own after the show.

### THE BELLEVUE COLLECTION & LUNCH

**TUESDAY, JANUARY 31ST - COST, \$19 , R2**

Today we'll visit the Bellevue Collection- they have over 250 of the finest stores with the brands you want and live for in fashion, accessories, home furnishings, jewelry, gifts and more. Enjoy lunch at Maggiano's Little Italy or any place inside the collection- the choice is yours today. Transportation and your escort are included in today's adventure.

## FEBRUARY

### PIZZA CHALLENGE!!

**TUESDAY, FEBRUARY 7TH - COST, \$29, R1**

The 2017 food challenge is Pizza! Everyone will be able to order their own small size pizza and judge for themselves who has the best pizza in the northwest. We'll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of "who has the best in our little corner of the NW". Your small pizza, beverage and transportation are included.

### SECRET GARDEN AND HIGH TEA

**THURSDAY, FEBRUARY 16TH - COST, \$44, R2**

We'll head to the quaint little town of Sumner and enjoy high tea at the Secret Garden. After tea, we'll head to the Old Cannery for some furniture shopping to see what great things they have in stock. High Tea, transportation and escort are included.

### FRYE ART MUSEUM & THE GREEK HOUSE

**TUESDAY, FEBRUARY 21ST - COST, \$34, R2**

Located on Seattle's First Hill, the Frye Art Museum first opened its doors in 1952 as the legacy of Charles and Emma Frye, prominent early-twentieth century Seattle business leaders and art collectors. The Frye Art Museum is a living legacy of visionary patronage and civic responsibility, committed to artistic inquiry and a rich visitor experience. A catalyst for our engagement with contemporary art and artists is the Founding Collection of Charles and Emma Frye. Following our guided tour, we'll head to Burien and dine at The Greek House - delicious Greek cuisine! Tour, transportation and lunch is included on today's fun adventure!

## MARCH

### MUCKLESHOOT CASINO

**THURSDAY, MARCH 2ND- COST, \$16, R1**

Muckleshoot Casino offers something for everyone. With over 2,600 machines and poker to exciting table games like blackjack, craps, roulette and more you are sure to find something fun to play and with 7 different dining choices you are sure to find something you like to whet your appetite. Lunch is on your own.

### VICTORIA OVERNIGHTER

**TUESDAY, MARCH 7TH-THURSDAY, MARCH 9TH  
COST, \$584/dbl occ or \$784/sgl occ, R2**

Ride the Victoria Clipper up to Victoria, B.C.. Once we arrive in Victoria, we will take a private, guided city tour then head to Buchart Gardens for two-hours. After that, we will arrive at the beautiful Fairmont Empress Hotel. Wednesday is High Tea and plenty of free time. Thursday morning, we will enjoy breakfast at the Empress (on your own) followed by free time and our return trip home via the Clipper. Passports or enhanced driver's licenses are required. Some meals are included - others are on your own. (see below)

- \*Roundtrip Seattle/Bremerton ferry
- \*Roundtrip Victoria Clipper ferry
- \*Roundtrip Shuttle to/from the Bremerton/Seattle ferry
- \*Breakfast basket Tuesday morning
- \*Private City tour & Buchart Gardens admission
- \*High Tea at the Empress
- \*Dinner basket Thursday evening
- \*Two nights accommodations at the beautiful Fairmont Empress Hotel

Full payment is due upon registration. Limited refunds will be available so please plan accordingly. This trip is an R2 rating.

### **TRIP RATINGS:**

**R1:** Board & depart Bus/Van and walk 2-3 blocks without stopping to rest. Must be able to stand 15 to 30 min.

**R2:** Board & depart bus/van and walk 4-5 blocks without stopping to rest, must be able to stand 30 to 45 min, handle stairs and walk a mile in under 20 min.

***Please check the trip ratings carefully when registering. Signing up for trips that are within your limits will allow you to have a better experience.***

# JANUARY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: center;">2</p> <p style="text-align: center;"><b>CLOSED</b></p> <p style="text-align: center;"><b>NEW YEAR'S DAY</b></p>	<p style="text-align: right;">3</p> <p>8 Badminton *</p> <p>8 Pool</p> <p>8-10:30 Ping Pong</p> <p>9 Critters</p> <p>9 Mah Jong</p> <p>10 Modified Softball *F</p> <p>10 Women's Soccer *D</p> <p>10-11 Int. Tap</p> <p>12:30 Brush up/Dust off</p>	<p style="text-align: right;">4</p> <p>8 Pool</p> <p>9 Lo-Impact Aerobics</p> <p>9 Canasta</p> <p>10 Cribbage</p> <p>10:15 Line Dance</p> <p>11 Ice Skating *C</p> <p>12:30 Woodcarvers</p> <p>1-3 Ping Pong</p> <p>5:30-8:30 Ping Pong</p>	<p style="text-align: right;">5</p> <p>8 Pool</p> <p>8 Badminton *</p> <p>8-10:30 Ping Pong</p> <p>9 Bridge</p> <p>9 Rummikub</p> <p>10-2 Quilting Class</p> <p>10:30 8-Ball pool tournament</p> <p>12 Meals on Wheels Kitsap</p> <p>1:30 Tai Chi</p>	<p style="text-align: right;">6</p> <p>8 Pool</p> <p>9 Lo-Impact Aerobics</p> <p>9 Mah Jong</p> <p>10 Dominoes</p> <p>10-2 Quilting Class</p> <p>10 Modified Softball *F</p> <p>12 Meals on Wheels Kitsap</p> <p>5:30-8:30 Ping Pong</p>
<p style="text-align: right;">9</p> <p>8 Pool</p> <p>9 Lo-Impact Aerobics</p> <p>9 Bridge</p> <p>10-1 Brem. Art Guild</p> <p>10:30 Sunshine Singers</p> <p>11 Ice Skating *C</p> <p>12:30-3 Line Dance</p>	<p style="text-align: right;">10</p> <p>8 Badminton *</p> <p>8 Pool</p> <p>8-10:30 Ping Pong</p> <p>9 Critters</p> <p>9 Mah Jong</p> <p>10 Modified Softball *F</p> <p>10 Women's Soccer *D</p> <p>10-11 Int. Tap</p> <p>11:30 New Year Luncheon</p> <p>12:30 Brush up/Dust off</p>	<p style="text-align: right;">11</p> <p>8 Pool</p> <p>9 Lo-Impact Aerobics</p> <p>9 Canasta</p> <p>10 Cribbage</p> <p>10:15 Line Dance</p> <p>11 Ice Skating *C</p> <p>12:30 Woodcarvers</p> <p>1-3 Ping Pong</p> <p>5:30-8:30 Ping Pong</p>	<p style="text-align: right;">12</p> <p>8 Badminton *</p> <p>8 Pool</p> <p>8-10:30 Ping Pong</p> <p>9 Bridge</p> <p>9 Rummikub</p> <p>10-2 Quilting Class</p> <p>12 Meals on Wheels Kitsap</p> <p>1:30 Tai Chi</p>	<p style="text-align: right;">13</p> <p>8 Pool</p> <p>9 Lo-Impact Aerobics</p> <p>9 Mah Jong</p> <p>10 Dominoes</p> <p>10-2 Quilting Class</p> <p>10 Modified Softball *F</p> <p>12 Meals on Wheels Kitsap</p> <p>5:30-8:30 Ping Pong</p>
<p style="text-align: center;">16</p> <p style="text-align: center;"><b>CLOSED</b></p> <p style="text-align: center;"><b>MARTIN LUTHER KING JR'S DAY</b></p>	<p style="text-align: right;">17</p> <p>8 Badminton *</p> <p>8 Pool</p> <p>8-10:30 Ping Pong</p> <p>9 Critters</p> <p>9 Mah Jong</p> <p>10 Modified Softball *F</p> <p>10 Women's Soccer *D</p> <p>10-11 Int. Tap</p> <p>11:30 Brush up/Dust off</p>	<p style="text-align: right;">18</p> <p>8 Pool</p> <p>9 Lo-Impact Aerobics</p> <p>9 Canasta</p> <p>10 Cribbage</p> <p>10:15 Line Dance</p> <p>10:30 9-ball pool tournament</p> <p>11 Ice Skating *C</p> <p>12:30 Woodcarvers</p> <p>1-3 Ping Pong</p> <p>5:30-8:30 Ping Pong</p>	<p style="text-align: right;">19</p> <p>8 Badminton *</p> <p>8 Pool</p> <p>8-10:30 Ping Pong</p> <p>9 Bridge</p> <p>9 Rummikub</p> <p>10-2 Quilting Class</p> <p>12 Meals on Wheels Kitsap</p> <p>1:30 Tai Chi</p>	<p style="text-align: right;">20</p> <p>8 Pool</p> <p>9 Lo-Impact Aerobics</p> <p>9 Mah Jong</p> <p>10 Dominoes</p> <p>10-2 Quilting Class</p> <p>10 Modified Softball *F</p> <p>12 Meals on Wheels Kitsap</p> <p>5:30-8:30 Ping Pong</p>
<p style="text-align: right;">23</p> <p>8 Pool</p> <p>9 Lo-Impact Aerobics</p> <p>9 Bridge</p> <p>10-1 Brem. Art Guild</p> <p>10:30 Sunshine Singers</p> <p>11 Ice Skating *C</p> <p>12:30-3 Line Dance</p>	<p style="text-align: right;">24</p> <p>8 Badminton *</p> <p>8 Pool</p> <p>8-10:30 Ping Pong</p> <p>9 Critters</p> <p>9 Mah Jong</p> <p>10 Modified Softball *F</p> <p>10 Women's Soccer *D</p> <p>10-11 Int. Tap</p> <p>11:30 TAKING CHARGE SERIES</p> <p>12:30 Brush up/Dust off</p>	<p style="text-align: right;">25</p> <p>8 Pool</p> <p>9 Lo-Impact Aerobics</p> <p>9 Canasta</p> <p>10 Cribbage</p> <p>10:15 Line Dance</p> <p>11 Ice Skating *C</p> <p>12:30 Woodcarvers</p> <p>1-3 Ping Pong</p> <p>5:30-8:30 Ping Pong</p>	<p style="text-align: right;">26</p> <p>8 Badminton *</p> <p>8 Pool</p> <p>8-10:30 Ping Pong</p> <p>9 Bridge</p> <p>9 Rummikub</p> <p>10-2 Quilting Class</p> <p>12 Meals on Wheels Kitsap</p> <p>1:30 Tai Chi</p>	<p style="text-align: right;">27</p> <p>8 Pool</p> <p>9 Lo-Impact Aerobics</p> <p>9 Mah Jong</p> <p>10 Dominoes</p> <p>10-2 Quilting Class</p> <p>10 Modified Softball *F</p> <p>12 Meals on Wheels Kitsap</p> <p>5:30-8:30 Ping Pong</p>
<p style="text-align: right;">30</p> <p>8 Pool</p> <p>9 Lo-Impact Aerobics</p> <p>9 Bridge</p> <p>9am-1pm Sr. Info and Assistance</p> <p>10-1 Brem. Art Guild</p> <p>10:30 Sunshine Singers</p> <p>11 Ice Skating *C</p> <p>12:30-3 Line Dance</p>	<p style="text-align: right;">31</p> <p>8 Badminton *</p> <p>8 Pool</p> <p>8-10:30 Ping Pong</p> <p>9 Critters</p> <p>9 Mah Jong</p> <p>10 Modified Softball *F</p> <p>10 Women's Soccer *D</p> <p>10-11 Int. Tap</p> <p>11:30 Brush up/Dust off</p>			<p>* = Sheridan Park Gym</p> <p>*A = Sheridan Park Lounge</p> <p>*C = Bremerton Ice Arena</p> <p>*D = OSSC-Pendergast</p> <p>*E = Pendergast</p> <p>*F = Lions Park</p>

# FEBRUARY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
* = Sheridan Park Gym *A = Sheridan Park Lounge *C = Bremerton Ice Arena *D = OSSC-Pendergast *E =Pendergast *F = Lions Park		8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12:30 Woodcarvers 1-3 Ping Pong 5:30-8:30 Ping Pong	8 Badminton * 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 10:30 8-Ball pool tournament 12 Meals on Wheels Kitsap 1:30 Tai Chi	8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Dominoes 10-2 Quilting Class 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 10-11 Int. Tap 11-12 Beg Tap 12:30 Brush up/Dust off	8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12:30 Woodcarvers 1-3 Ping Pong 5:30-8:30 Ping Pong	8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 12 Meals on Wheels Kitsap 1:30 Tai Chi	8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Dominoes 10-2 Quilting Class 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 10-11 Int. Tap 11-12 Beg Tap 11:30 VIP Luncheon 12:30 Brush up/Dust off	9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 10:30 9-ball pool tournament 11 Ice Skating *C 12:30 Woodcarvers 1-3 Ping Pong 5:30-8:30 Ping Pong	8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 12 Meals on Wheels Kitsap 1:30 Tai Chi	8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Modified Softball *F 10 Dominoes 10-2 Quilting Class 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
<b>CLOSED PRESIDENT'S DAY</b>	8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 10-11 Int. Tap 11-12 Beg Tap 12:30 Brush up/Dust off	8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12:30 Woodcarvers 1-3 Ping Pong 5:30-8:30 Ping Pong	8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 12 Meals on Wheels Kitsap 1:30 Tai Chi	8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Modified Softball *F 10 Dominoes 10-2 Quilting Class 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
8 Pool 9 Bridge 9 Lo-Impact Aerobics <b>9am-1pm Sr. Info and Assistance</b> 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 10-11 Int. Tap 11-12 Beg Tap <b>11:30 TAKING CHARGE SERIES</b> 12:30 Brush up/Dust off			

## MARCH CONT...

### MAMMA MIA! & LUNCH

**TUESDAY, MARCH 28TH - COST, \$94, R1**

MAMMA MIA! is the ultimate feel-good show that has audiences coming back again and again to relive the thrill. Now it's your turn to have the time of your life at this smash-hit musical that combines ABBA's greatest hits, including "Dancing Queen", "S.O.S.", "Super Trouper", "Take a Chance on Me", and "The Winner Takes It All", with an enchanting tale of love, laughter and friendship. Whether it's your first visit or your fourteenth, see the show that has the whole world coming back for more, because every time feels like the first time at MAMMA MIA! Before the show, we'll eat a late lunch/early dinner at the Cheesecake Factory in Tukwila, then head to the show. (This is a night performance so please plan accordingly.) The musical and transportation are included in today's awesome trip!

### EMP, SPACE NEEDLE & OBSERVATION DECK

**THURSDAY, MARCH 30TH - COST, \$79, R1**

EMP is a leading-edge, nonprofit museum, dedicated to the ideas and risk-taking that fuel contemporary popular culture. With its roots in rock 'n' roll, EMP serves as a gateway museum, reaching multi-generational audiences through our collections, exhibitions, and educational programs, using interactive technologies to engage and empower our visitors. At EMP, artists, audiences and ideas converge, bringing understanding, interpretation, and scholarship to the popular culture of our time. Following the EMP, we'll walk over to the Space Needle and enjoy a wonderful lunch while viewing the beautiful skyline. After lunch, take your time and head up to the observation deck (included) and shop the wonderful gift shop on the ground floor. Lunch, museum and transportation are included today.

## EXTENDED TRIP 2017

### SPOTLIGHT ON SAN ANTONIO HOLIDAY

**NOV 30-DEC 4 - COST \$2,199PP/DBL OCC, R2**

Highlights: LBJ Ranch, Fredericksburg, Paseo del Rio Cruise, Olive Orchard, Mission San Jose, The Alamo and El Mercado. We will also enjoy a Texas-inspired dinner paired with local wine at an olive orchard. Deposit of \$350 due June 23, 2017.

## APRIL

### PIZZA CHALLENGE!!

**WEDNESDAY, APRIL 19TH - COST, \$29, R1**

The 2017 food challenge is Pizza! Everyone will be able to order their own small size pizza and judge for themselves who has the best pizza in the northwest. We'll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of "who has the best in our little corner of the NW". Your small pizza, beverage and transportation are included.

### LA CONNER, TULIPS & LUNCH

**THURSDAY, APRIL 20TH - COST, \$34, R2**

While you may think that the best shopping occurs at the Mall – we think a shopping trip in La Conner will totally change your mind! La Conner is one of Washington State's most-loved weekend getaways ... and much of it has to do with the retail corridor on both Morris and First Streets. You'll find an amazing array of specialty shops-most of which have a long list of regular customers who come back again and again to see what's new, to indulge themselves a little, or to buy gifts for their families and friends. From fine arts and crafts, one-of-a-kind clothing, woodworking, home décor, collectibles, personal care products, stunning antiques, gorgeous jewelry and Italian pottery, the shopkeepers work hard to bring you items that you'll not find in any mall, or any big-box store. After some retail therapy, we'll head to the Tulip fields to see if we can catch a few glimpses of these spectacular flowers. There are several stops we will be making at the gardens that offer the best variety. Lunch is on your own in La Conner, transportation is included today.

### SPRING MYSTERY TRIP

**THURSDAY, APRIL 27TH - COST \$59, R1**

We are going on a trip to a very mysterious place! You will have fun - we are sure and you will make lots of memories! Dress comfortably for anything and remember to come with an appetite!

Weather Closure Policy - we value the safety of our members and staff above all else. In case of bad weather, the Senior Center will follow the Bremerton School District schedule. If schools are closed, we are closed. If schools are running 1hr late, so will we, etc.

## MAY

### **TULALIP CASINO**

**THURSDAY, MAY 4TH - COST \$19, R1**

Enjoy a great day at one of our favorite casinos up north and the Premium Outlet Mall! Visit both places or stay the day gaming or shopping - your choice. There is a complimentary shuttle to the outlet from the casino (where you will be dropped off.) Tulalip boasts a large non-smoking gaming section with hundreds of games to choose from. This is one our favorites, that's for sure! The Eagles Buffet offers a mouth-watering selection of international dishes plus fresh seafood, a carving station of succulent meats and Mongolian grill. Don't forget to complete your dining experience with a decadent dessert of pastry made fresh in the Tulalip Bakery.

### **TERRACOTTA WARRIORS AT THE PACIFIC SCIENCE CENTER AND LUNCH**

**TUESDAY, MAY 9TH - COST, \$34, R2**

We'll head to the Pacific Science Center to unearth one of history's most remarkable archaeological finds: China's Terracotta Warriors. Imagine digging a well near Xi'an, China and stumbling upon an ancient clay army of life-size horses, chariots and an estimated 8,000 warriors—each with a unique human face. For over 2,200 years, they guarded the underground burial complex of Emperor Qin Shihuang, who united China's warring kingdoms in the third century BCE. The exhibition highlights ancient technology and engineering used to create the statues, weaponry and underground structure, as well as the modern science being used today as we continue to unearth the secrets of China's terracotta warriors. Not only will we visit the exhibit but we will also complete our experience with the IMAX documentary *Mysteries of China*. After the Pacific Science Center, we'll head off to a late lunch following at Assaggio of Seattle (on your own). Tour, transportation and escort are all included on this tour.

## MAY CONT...

### **MUSEUM OF FLIGHT & LUNCH**

**THURSDAY, MAY 18TH- COST, \$49, R1**

The independent, non-profit Museum of Flight is one of the largest air and space museums in the world, attracting more than 500,000 visitors annually. The Museum's collection includes over 150 historically significant air- and spacecraft, as well as the Red Barn®—the original manufacturing facility of The Boeing Co., the original papers of the Wright brothers, and the one-of-a-kind NASA Space Shuttle Trainer, used to train every space shuttle astronaut since the inception of the program. Among the most popular exhibits at the Museum are the world's first fighter plane, the first jet Air Force One, the prototype Boeing 747, the West Coast's only Concorde, and the world's fastest aircraft – the Blackbird spy plane. More than just an attraction, however, the Museum is a hub of science, technology, engineering, and math education, serving over 150,000 participants each year through on-site and outreach programs and the Museum's aviation and space library and archives are the largest on the West Coast, holding more than 1.4 million images. The Museum of Flight is accredited by the American Associations of Museums, and is an affiliate of the Smithsonian Institution. After this amazing tour, we will head to a local restaurant for a delicious lunch-included!

### **UWAJIMAYA**

**TUESDAY, MAY 30TH - COST, \$14, R2**

Serving the Pacific NW since 1928, Uwajimaya is the preferred provider of the freshest meat, produce and seafood and the largest selection of Asian gifts and groceries. The Uwajimaya Village Food Court is a popular lunchtime destination. With nine dining choices there is bound to be something to satisfy every appetite. RT ferry transportation is included, lunch, however, is on your own.

## JUNE

### **NUCOR-STEEL TOUR & PALISADES LUNCH**

**FRIDAY, JUNE 16TH - COST, \$54, R2**

Nucor is the largest steel producer in the U.S. Nucor is also North America's largest recycler of any material, recycling one ton of steel every 2 seconds. Tour requirements: long pants (no shorts or skirts), flat-bottomed, closed-toe, sturdy shoes with socks (no sandals, heels, etc). They provide hardhats, safety glasses, overcoats and earplugs. This tour is over a mile in walking, ascending and descending several sets of stairs. We ask that everyone please consider if they are able to do this comfortably prior to registering. No pictures or video recording is permitted on the tour and picture ID is required. After the tour, we will head to Palisades in Magnolia for a delicious lunch.

## GAMES

<b>Pool:</b>	Monday-Friday, 8 AM-3 PM
<b>Ping Pong:</b>	Tuesdays & Thursdays, 8-10:30 AM, Wednesday 1-3pm
<b>Mah Jong:</b>	Tuesdays & Fridays, 9 AM-2 PM
<b>Cribbage</b>	Wednesdays, 10 AM
<b>Canasta:</b>	Wednesdays, 9 AM
<b>Bridge:</b>	Mondays & Thursdays, 9 AM
<b>Rummikub:</b>	Thursdays, 9AM-12 PM
<b>Dominoes:</b>	Fridays, 10 AM-1 PM

## COMPUTER LAB

**DAILY, 8 AM-2:45 PM**

Flat screens, one touch screen, new hard-drives and high speed wireless internet in a quiet room, what more could you ask for? If you just want to surf the web, check your e-mail or refresh your computer skills, come on down and see what's new!

## POOL

**DAILY, 8 AM - 3 PM**

Four tables are available daily to play on. Whether you come in just for the monthly tournaments or to see if you got game - you're sure to have fun!

## SUNSHINE SINGERS

**MONDAYS, 10:30 AM-12:30 PM**

Tea for two and two for tea - that's me and you and lots of friends makes we...come be part of this group and make beautiful music and friendships. The Singers perform all around Kitsap County, delighting audiences everywhere they go!

## BREMERTON ART GUILD

**MONDAYS, 10 AM-1 PM**

Do you sketch, sculpt, paint? Do you have an art project that you would like to work on but don't have the space or just want a little company? Join the members of the Bremerton Art Guild, bring your projects and enjoy.

## SENIOR OPEN ICE SKATE

**MONDAYS & WEDNESDAYS, 11 AM- 12 PM**

Always wanted to learn to ice skate? Come to the Center to pick up your weekly passes to skate at the Bremerton Ice Arena. Skates are available to rent for \$2.50. This is a free program, however, Senior Center membership is required.

## AARP SAFE DRIVING PROGRAM

**MONDAYS & TUESDAYS, 9 AM-1 PM**

**JANUARY 23-24 & APRIL 10-11**

Need a quick review on your driving skills and/or want to save money on your insurance? AARP provides instruction for you. Attendance on both days is required to receive credit. Call (360) 473-5357 to register. Supply fee paid to instructor at first class. Class min. 5, max. 12.

## CENTER LINE DANCERS

**MONDAYS - BEG 12:30-1:45 PM/INT 1:45-3 PM**

**WEDNESDAYS - BEG 10:15 AM/INT 11:30 AM**

Bring your cowboy boots and have a stompin' good time. Fun routines are learned and practiced with great camaraderie. The dancers also perform at various venues throughout the county.

## BRIDGE

**MONDAYS & THURSDAYS, 9 AM**

Beginners to experienced Bridge players are welcome to play with this fun group.

## COMPUTER HELP!! - NEW!

**TUESDAYS, 10 AM - 2 PM**

Not in love with your computer these days, need to get some help, re-fresh your skills? Whatever the case, we have help. Please sign up in the office for your desired time slot on Tuesdays from 10am-2pm.

## BADMINTON

**TUESDAYS & THURSDAYS, 8 AM**

Come on down to Sheridan Park gym and have a great time batting at birdies (equipment is provided).

## CRAFT CLUB WITH SALLY

**TUESDAYS, 9 AM-NOON (A.K.A. CRITTERS)**

Are you repairing an old friend or creating a new one? From re-stuffing critters to making curtains, Sally and her team of extreme makeover artists can help you work on any project.

## SR WOMEN'S INDOOR SOCCER

**TUESDAYS, 10-11 AM**

This program is held at the Olympic Soccer and Sports Center located at Pendergast Regional Park. This is a free program, however, Senior Center membership is required.

Daily Activities are free for BSC members unless otherwise noted. Non members pay \$3 drop in fee per activity attended.

## CO-ED REC MODIFIED SOFTBALL

FALL/WINTER SEASON @ OSSC

TUESDAYS AND FRIDAYS, 10 AM - 2 PM

Have you always wanted to learn how to watercolor, sketch, learn colored pencils? Or have painted previously and want to get back into it? Join members of the Bremerton Art Guild for helpful guidance. This group will meet on a weekly basis with volunteers from the Bremerton Art Guild helping you get started. Bring in your supplies and be ready to have some fun.

## BRUSH UP/DUST OFF-NEW!!

TUESDAYS, 12:30-2:30 PM

Have you always wanted to learn how to watercolor, sketch, learn colored pencils? Or have painted previously and want to get back into it? Join members of the Bremerton Art Guild for helpful guidance. This group will meet on a weekly basis with volunteers from the Bremerton Art Guild helping you get started. Bring in your supplies and be ready to have some fun.

## FOOTCARE

1ST TUESDAYS & 4TH WEDNESDAYS, BY APPT.

Michelle Gamber provides this affordable service. It's a pedicure without the polish! Call her for prices and to schedule your appointment at (360) 871-5726.

## CRIBBAGE

WEDNESDAYS, 10 AM

This classic game has been around since the 17th century. Great card game for 2-4 players.

## WOODCARVERS

WEDNESDAYS, 12:30-2:30 PM

Design your own project, get some advice or just have interesting conversations while whittling away on your own special creations. Newcomers are always welcome!

## QUILTING CLASS

THURSDAYS, 9:30 AM-2:30 PM

FRIDAYS, 10 AM-2:30 PM

Novice or experienced quilters, come one and all! Bring your quilting supplies, get new ideas and visit with other quilters. The group occasionally offers classes on techniques and styles.

## POOL TOURNAMENTS

8 BALL-1<sup>ST</sup> THURSDAYS - 10:30AM

JAN 5, FEB 2, MAR 2 & APRIL 6

8-BALL IS GENEROUSLY SPONSORED BY:

BREMERTON HEALTH & REHAB

360-377-3951

9 BALL-3<sup>RD</sup> WEDNESDAYS - 10:30AM

JAN 18 & FEB 15, MAR 15 & APRIL 19

9-BALL IS GENEROUSLY SPONSORED BY:

FOREST RIDGE HEALTH & REHAB

360-479-4747

Tournaments are just \$3 per player and include a delicious lunch and prize to the winner! New rules: Straight 8, call shot, BCA rules, 2 out of three in winners bracket only. No handicap 8 or 9ball.

## WELLNESS

### AEROBICS-FREE VIDEO

MONDAYS, WEDNESDAYS & FRIDAYS, 9 AM

Get your heart pumping and your sweat dripping in this moderate paced fitness class. Class utilizes weights, resistance bands and other strength training techniques and can be fast-paced at times. Participants need to be able to exercise at a consistent level for 5-10 minutes at a time.

### TAI CHI

THURSDAYS, 1:30-2:30 PM

SESSIONS: JAN 5-FEB 9, FEB16-MAR 23

Tai Chi Chuan, a Chinese martial art noted for its slow, smooth movements, has been proven to improve balance and increase flexibility. This class features Sun and Yang Styles. This class is accessible for all levels of fitness and taught by Sandy Carlson. Cost is \$30/6 weeks. Min of 5.

### TAP DANCE

TAP II - TUESDAYS, 10-11 AM

SESSIONS: JAN 3-FEB 7 & FEB 14-MAR 21

Tap is a wonderful, low-impact aerobic exercise that also increases balance and helps work on your memory. Tap II is for those with Intermediate/Advanced experience. Class is taught by Gary. Cost for 60 min classes: \$42/6 weeks. Min. of 5.



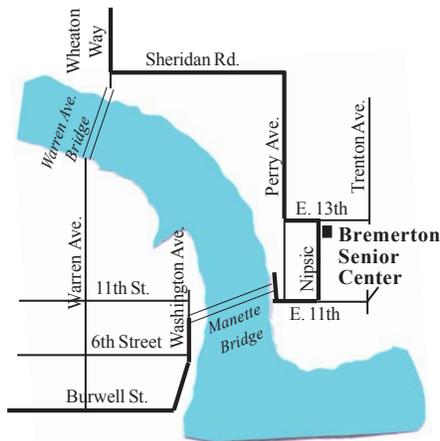
**Bremerton Senior Center**  
**1140 Nipsic Ave**  
**Bremerton, WA 98310**

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*Vicinity Map*

Bremerton Senior Center  
1140 Nipsic Ave, Bremerton, WA 98310  
360-473-5357



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**2017 Memberships...** Renew your membership for 2017 today. Payment can be made by calling the senior center, coming in or mailing your check. Keeping current on your dues will ensure that you continue to receive this newsletter at your door step! Highlights of your Senior Center Membership: newsletter direct mailed, participation in over 30 activities at no additional charge and trip registration priority. We are an active recreation center for all adults 55 and better. We have daily drop-in activities you can participate in, as well as, trips and tours, fitness, educational, enrichment and dance classes. The Bremerton Senior Center is also home to many entertainment groups, such as: Sunshine Singers, Center Line Dancers and more. Rates are on page 3.

- **COUPLES MEMBERSHIP** is for two people, at least one needs to be 55 or better, who reside at the same address. We have resident and non-resident rates. Rates are on page 3.
- **SINGLES MEMBERSHIPS** are for single city and non-city residents. Rates are on page 3.
- **ASSOCIATE MEMBERSHIPS** are for those individuals not yet 55 but who still would like to participate in the programs, trips and classes offered at the Center. This is a great membership for sons and daughters of members or active adults who participate at the Bremerton Senior Center. Rates are on page 3.